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www.greenbankcoc.org

Happiness

Many believe we are ruled by our emotions and unfortunately, instead of enjoying life -- they just endure it. They think that life must be perfect for them to be happy. So, they are always looking for a change for the better.

If I could just change my situation, then I'd be happy in life.

If I could just get rid of all my problems, then I'd be happy in life.

However, there's no such thing as a problem-free life. So, If you're going to be happy, you must learn to be happy even in less than ideal situations.

In the Bible, the Apostle Paul was imprisoned for preaching about Jesus. He could have been sad, mad, or even angry at God for his situation, yet he remained happy. When he had food, supplies, money, clothing, etc., he was content. Even when those things were absent, he was still content.

He writes in Philippians 4:10-13 (NLT) ***"How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. Not that I was ever in need, for I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength."***

Here are four ways to be happier:

1. Recognize that happiness is your choice. Regardless of all the negative events that often occur in our lives, we can maintain our happiness by learning to interpret whatever circumstances we deal with in a positive light. Although external behaviors and events have the ability to trigger off negative thoughts, that can only happen if you allow it to.
2. Bless Someone Else. Help those who are hurting, in need, or struggling. By helping them you will also help yourself. There is an internal reward, a deposit of joy and happiness in life when you bless someone else.
3. Look for the good in every situation. Be a glass half full type of person.
4. Wake up with thankfulness. Give thanks to God for what you have, and watch how there will be more to be thankful for as He opens your eyes to all the blessings that surround you.

—Domingo

GATHERING TIMES

Sunday Bible Classes 9:30 a.m.
Sunday Worship 10:30 a.m.
Wednesday Bible Study 7:00 p.m.

www.greenbankcoc.org

OPPORTUNITY TO SERVE OUR COMMUNITY GREENBANK FOOD PANTRY

Thursday Evenings—Doors are open 6:00-7:00 PM
Volunteer Schedule:

Wednesdays 10:00 AM
Thursdays 9:30 AM & 5:30 PM
Fridays 9:00 AM

To volunteer contact: Ed or Sue Maynard
302-994-3800

Order of Worship

Won't It Be Wonderful There—TPH

Welcome

Jesus, Hold My Hand—TPH

Scripture Reading & Prayer

Just Over in the Gloryland—R670

I Am Thine, O Lord—R599

Communion & Offering

Salvation Has Been Brought Down

"Restored"

Trust & Obey—R513

Closing Remarks & Prayer

Sight & Sound

The Miracle of Christmas

November 15—7:00 pm

Our tickets have arrived!

If you ordered tickets, please pay for them now. Checks should be made out to Greenbank Church of Christ with "Sight & Sound" on the memo line. Give payments to Jamie Cox, and she will distribute your tickets.



Help keep our prayer list current
by providing regular updates
on family and friends.

PRAYER REQUESTS:

Sergio Reyes: kidney issues; **Joanne Pagano:** early stage renal failure; **Ed Maynard:** receiving therapy at home; **Frances West:** cancer has returned; **Penny Price:** my family's salvation; **Monica Green:** medical problems; **Lucas Kirkland:** clinical trials for Duchenne's; **Jamie Jones:** heart health; **Colie Mason's brothers:** health concerns; **Chelsea Brasefield:** healthy pregnancy; **Marc Brasefield:** training in TX until November; **Marion Ward:** in hospice care

GRIEFSHARE: May this new ministry touch the lives of those grieving the loss of loved ones. Pray for Mike, Judy, & Sherry as they lead.

SHUT-INS: Connie Dowds; Agnes Ignudo; Joan Gaynor; George Adair

LONG-TERM ILLNESS/RECOVERY: Joyce Gamble; Miriam Castro; Marie Difilippo, Dustin Lackford, Michael Mugrage, Felicity Ray, Gwendolyn Brady, Harry Schaeffer, Melissa Griffiths, Janette McGowan, Mike Saylors, Peggy Wetzels, Nadine Henderson, John Arnold; Dave Malone; Bud Polk; Evelyn Kline; Emma Green

COLLEGE STUDENTS: Rachel Johnson, Kyle Cox, Heather Abosch, Brent Tucker, Tatiana Vargas, Kristal Moreta, Mackenzie Naseery, Ethan Reed, Prissilla Sanichar, Antonio Sanichar, Adriana Moreta

MISSIONS: Ghana Bible College, Samuel Agbeta (Nkwanta, Ghana), Delaware Christian Campus Ministry Foundation; Camp Manatawny; Chad & Amy Westerholm (Mozambique)

OUR COUNTRY: Leaders, Military, Law Enforcement, Firefighters

OUR ELDERS, DEACONS, & MINISTRY LEADERS

GREENBANK NEWS

UPDATE FROM MOZAMBIQUE The doctors have downgraded Amy Westerholm's tumor to a pre-cancerous growth. They will be able to remove the entire growth and no further treatment is expected to be needed. God is so good!

CHILDREN'S CHURCH BEGINS NEXT WEEK—SEPT 8

Children 3 years old through 4th grade are invited to join us next Sunday during the sermon. We will meet in the blue room.

ALL-CHURCH PICNIC—NEXT SUNDAY—SEPT 8

Everyone is invited to join us next Sunday after our morning service for our church-wide picnic at Brandywine Springs Park. Hamburgers, hot dogs, all the fixings, drinks, and chips will be provided. Please bring side dishes and desserts to share. Cold items can be kept in the refrigerator in the kitchen during our worship service.

GRIEFSHARE The 13-week session begins on Monday, September 9 at 6:30 p.m. The only cost is \$15 for the workbook. If you are interested in this program, speak with Judy or Mike Barker, or Sherry Kirkland.

MARTHA MINISTRY We will have an organizational meeting here at Greenbank on Saturday, Sept. 14 at 10am. This ministry is for anyone (not just women) who wants to assist the shut-ins, sick, and grieving. See Rebecca Tucker for more information.

CAMP MANATAWNY'S MENS RETREAT—SEPT 27-28

The theme is *The Highest Value—Set your minds on things above*. Cost: \$35 (only \$10 for boys 12 and under). The youth will have their own special program and lessons. Register at www.manatawny.org. If you are interested in carpooling, contact Rick Mickowski.

		09/01/19	In His Service	09/08/19
Last Week		S. Willis	Worship Leader	J. Clark
Sunday AM: 140		P. King	Scripture & Prayer	R. Stafford
Contribution: \$3,137		M. Ray	Usher	M. Barker
Year to Date: \$4,883		E. Greenwood	Communion	J. Friederichsen
Budget: \$4500/week		B. Reed	Offering	R. Lewis
Wednesday PM: 15		B. Holland	Pass	C. Blue
2019 Baptisms : 8		B. Pennington	"	M. Anderson
		M. Welsh	"	K. Abosch
		R. Irwin	"	W. Johnson
		G/S Jones	Greeters	Friederichsen
		W/S Johnson	"	L. Winder
		J. Friederichsen	Shepherd's Prayer	P. King