

Greenbank Weekly Update – Friday, May 1, 2020

Is anyone in need? Please contact the church office, and we will find a way to assist you.

Contact info: office@greenbankcoc.org or 302-994-3800. *Office hours: Monday Only, 9:00am-3:00pm

Prayer & Praise

Marlin Johnson: cancer treatments

Ed Maynard: recovering from surgery on face

Rebeca Reyes: out of work due to business closures

Francis McDanill, grandmother of Tina Jones, is now in hospice care

Jeffrey Clark, Jr.: taking GED on May 11

Penny Price: recovering from shingles

Rebecca Tucker's mother: struggling with the isolation from family

Sophia & Melinda Baluk: struggling with their health

Relief from the COVID-19 pandemic. Stay safe. Stay healthy. Stay home.

Essential Workers: Doctors, nurses, law enforcement, firefighters, paramedics, postal & transit, grocers, etc.

Business Owners & Employees: that businesses will be able to recover from the shutdown.

Our Government Leaders who are working to find ways to bring relief.

The most recent requests are listed above. If you have an item for prayer or praise, please email it to office@greenbankcoc.org for inclusion in our weekly list. To view previous prayer requests and those on our ongoing lists, please visit the Weekly Bulletins page on our website www.greenbankcoc.org.

Announcements

***Change in Office Hours:** Beginning Monday, May 4, and until things return to “normal,” the church office will be open only on Mondays from 9:00 a.m. to 3:00 p.m. Greenbank members will be sent an email with information on how to contact us with immediate needs. Office phone messages and email will be retrieved throughout the week. We will respond to all needs as quickly as possible.

Baby Bottle Benefit: It is time, once again, to participate in the annual fundraiser for A Door of Hope Pregnancy Center that offers help and hope to expectant mothers at risk. Like and follow their page on Facebook for live events and other announcements: <https://www.facebook.com/Adoorofhope/>. An email will be sent out next week explaining the process for donating this year. We encourage you to “do what you can” to give to this organization. Every dollar makes a difference!

Masks Required: All states in our area, DE, MD, NJ & PA, now require masks to be worn in all public settings. Masks are not necessary while you are outside in an open space as long as you can keep a safe distance from others. It is recommended to have a mask with you at all times in case that distance cannot be maintained. As we all do our part to comply with these regulations, we will help to slow the spread of this disease and speed up the time when we are able to see each other again.

Reflection: Psalm 139 by Mike Barker

Psalm 139 is truly remarkable in many ways. It not only gives praise and adoration for God's unconditional love and watchfulness, it further reveals that he knows our every thought, our fears, and our innermost feelings. Christian artist, Rebecca St. James, composed a song based on this psalm with a moving musical arrangement and thoughtful lyrics. From Psalm 139 she writes:

“You search me, you know me, you see my every move.

There's nothing I could ever do to hide myself from you.

You know my thoughts, my fears and hurts, my weaknesses and my pride.

You know what I am going through, and how I feel inside.

But even though you know, you will always love me.
Even though you know, you'll never let me go.
I don't deserve your love, but you give it freely.
You will always love me, even though you know."

If you are not familiar with this song, I encourage you to find it on YouTube or Spotify. You will not be disappointed!

There is yet another thought penned in this psalm whereby David praises God. Cited in verse 14, the man after God's own heart exclaims: *"I praise you for I am fearfully and wonderfully made."*

While this same verse goes on to praise God for his wonderful works, let's spend some time with this particular thought. We are *"fearfully and wonderfully made"* most certainly for no other reason than we are created in the image of God. "God is spirit," as John 4:24 says. Our spirit, even as it dwells in flesh, makes us akin to God. Yet, when we examine the complexity of our physical body, we can marvel, along with David, at the wonder in which we are made.

There is one aspect of our body we'll use that illustrates this very well; that is the ability to move our fingers quickly and freely without a second thought. We do so through a complex chemical process that causes muscular contraction. The process is so complex that it cannot be mechanically replicated with the same efficiency as that of our bodies. Even when using the most sophisticated laboratory equipment, the components of this reaction break down very slowly. Yet, it occurs inside our body in the blink of an eye as we use our hands many times throughout the day. While David may not have understood the complex chemistry that causes muscular contraction, he penned it well when he wrote, *"I am fearfully and wonderfully made."*

"Praise God from whom all blessings flow," for he not only knows our every thought and feeling, but we are *"fearfully and wonderfully made"* in His image.

[Online Bible Study](#)

Boyd Reed is hosting an online study of the Gospel of John. Passages are posted weekly along with questions to prompt discussion. You can access the lessons at any time convenient for you, read other's comments, and post questions or comments you have for each lesson. Access the lessons here:
<https://classroom.google.com/c/NjUyNzlyMTI2MTda> **Class code: 7s2upmd**

[Connect with Us Online](#)

Sunday Worship: Spanish service @ 9:00 a.m. English service @ 10:30 a.m.
Wednesday Bible Study @ 7:00 p.m. (English only)

1) **Facebook Live:** <http://www.facebook.com/greenbankchurchofchrist>

2) **Greenbank website:** www.greenbankcoc.org Click on the Facebook Live tab on the menu bar at the top of the page. PLEASE NOTE: You do NOT need to have a Facebook account to view the live feed through our website.

3) **Conference call:** Dial +1 (646) 749-3122 Enter Access Code 947 684 973#

[Options for Giving](#)

If you are able to & desire to maintain regular giving:

1) **Write a check** and mail to 511 Greenbank Road, Wilmington, DE 19808, or hold all checks until we begin meeting again.

2) **Cash givers** can set aside your contributions and bring them when we begin meeting again.

3) **Online giving:** A PayPal option has been set up on our website www.greenbankcoc.org. Click on the “Donate” button and follow the instructions. (Note: there is a small fee assessed from each donation.)

Last Week’s Contribution: \$2,571

Weekly Average: \$4,209