



## Weekly Newsletter – Sunday, May 1, 2022

Office hours: Mon / Wed / Fri 9:00am-3:00pm.

Contact info: [office@greenbankcoc.org](mailto:office@greenbankcoc.org) or 302-994-3800

### If Only I Had... by Jay Launius

We all know the old saying, “Hindsight is 20/20”. There’s not a one of us who hasn’t looked over our shoulder and questioned a decision or action committed in the past. Mistakes, misjudgments, tragedy and missed opportunity filled our memories and worry our minds. “If only I had...”, begins a sentence of regret, wishing we had chosen a different path and perhaps the end results would have been different.

Regret is certainly one of the ironies of life because we learn and grow from those mistakes and missteps, yet they are the things which make us sorry for the past! The first time we read of regret in the bible is in Genesis 6:6. Because of mankind’s evil ways God was sorry that he had created such an unruly being. Throughout the book of Ecclesiastes, the writer expresses much regret as to spending his life working, building, and saving only to pass it on to someone else after he dies. Judas regretted the decision to betray Jesus and even though he repented the pain was such that he took his own life.

Why would God give us such a worrisome emotion? Because regret causes us to realize our need for change and the need for God’s forgiveness and His salvation. (2 Cor. 7:10) If I never felt remorse for my wrongdoing, I would never see the need to be obedient to God. Those who are accused of crimes have lawyers to be their advocates when facing judgment. You and I have an Advocate in Jesus Christ who goes to God on our behalf at the point of regret and confession.

“If only I had done things differently.” Holding on to regret can weigh heavy on the heart but we must remember that Philippians 3:13 encourages us to let go of the past and move toward the future. A future filled with God’s love, forgiveness, and eternal reward.

### Praise & Prayer Requests

**PRAISE!** Rachel Johnson has earned her PhD in Kinesiology from the University of Georgia. Her hooding ceremony is May 13. She will do her post-doc work at Boise State in Idaho.

**Ken & Joyce Essex**, brother of Doug Essex: pray for healing from health issues

**Robin Garvin**: pray for healing and that surgery will not be needed.

**Grayce Arrowood**: back at home on a new medication; continue prayer for her and parents, David & Ashley.

**Betty & Bob**: Betty will be having triple bypass surgery on May 7. She is the primary caregiver for Bob who has Alzheimers. They are regular pantry volunteers who drive up from Dover every Thursday evening.

**Kathie Book**: kidney trouble after treatment for an infection; continue prayers for her missing daughter, Adelia.

**Paul King**: continue to pray for fully restored health.

**Kyle Abosch**: pray for strength and peace.

**Greenbank church**: Godly guidance for our elders, minister, deacons, and ministry leaders.

**Greenbank missions**: Westerholm (Mozambique), Borfay (Liberia), Agbeta (Ghana), Camp Manatawny, Reflect Campus Missions/BHC. Pray for a new mission work that reflects the interest of our members.

If you have an item for prayer or praise, please email it to [office@greenbankcoc.org](mailto:office@greenbankcoc.org) for inclusion in our weekly list. To view previous prayer requests and those on our ongoing lists, please visit the Weekly Bulletins page on our website [www.greenbankcoc.org](http://www.greenbankcoc.org).

### Announcements and Events

#### **New Adult Bible Class Begins May 8<sup>th</sup>**

The new class will be on *Jesus in the Old Testament* taught by Mike Barker and Boyd Reed.

#### **Key Request Form**

The Security Team asks those who need access to the building outside of worship times and business hours to read the new key security policy and fill out a key request form. This information was previously emailed, but if you need a printed copy, you may pick one up in the office. *The locks will be changed during the first week of May.* When the work has been completed, we will let you know to pick up your new fob or key and return the old one. Please submit your key form as soon as possible so the committee has time to review your request.

### **Building & Grounds Committee – May 1<sup>st</sup>**

George Kirkland will hold a meeting immediately following worship on Sunday, May 1, in the small side of the blue room to discuss work that needs to be done in and around the building. This meeting is for existing committee members, and anyone interested in serving in this area. All are welcome!

### **Men's Leadership Class Begins May 14<sup>th</sup>**

This 5-session training program is for men who aspire to be leaders in the church or who want to better understand biblical leadership. This group will meet on the second Saturday of each month at 9:30 a.m. beginning on May 14<sup>th</sup>. If you are interested in attending, please contact Domingo Reyes via email: [minister@greenbankcoc.org](mailto:minister@greenbankcoc.org) or call/text (302) 981-0163. There is also a sign-up sheet posted on the bulletin board in the foyer.

### **Mother/Daughter Luncheon – May 21<sup>st</sup>**

The theme for our luncheon is **Gardening God's Way**. It will be held from 11:00 a.m. to 1:00 p.m. on May 21<sup>st</sup> in the fellowship room. We will have food, games, and prizes. All ladies and girls from the congregation are invited to attend and bring your mothers, daughters, daughters-in-law, granddaughters, etc. We do need an accurate count of attendees, so we ask you to please sign up on the sheet posted on the bulletin board by Sunday, May 8.

### **Serving at Greenbank**

Were you intrigued by an area of service presented during our Ministry Sunday? Is the Lord nudging you to take a more active role in serving Him? If you would like to become more involved in one of our ministry areas, please contact the ministry leader or the church office. We want to assist you in finding the place you can joyfully serve the Lord here at Greenbank.

### **Ghana Mission**

Angela Darko is once again going to Ghana in June for medical mission work. She needs items for mothers and infants. A list is below and is also available at the Welcome Center. Please bring in your donations by May 15<sup>th</sup>.

Diapers (including environmentally friendly cloth diapers), diaper cream/ointments (A&D, ZINC)

Newborn clothing for warm climate: boys & girls Onesies, shorts, t-shirts (sizes 0-1 year), cotton newborn h hats, socks

Muslin blankets, Wash cloths, baby towels, Baby soaps, lotion, Baby grooming kits or first aid kits (bulb syringe, nail clippers, thermometer, etc.), Teething toys

Basic baby medicines: ibuprofen (infant Motrin), acetaminophen (infant Tylenol), simethicone, gripe water, Pedialyte, rectal thermometer, saline drops, calamine lotion, hydrocortisone, antibiotic cream, bacitracin

Nutritional support, Formula

Maternal health: Instant cold and hot packs

## **SUNDAY MEETING TIMES**

**In-Person Bible Classes for All Ages @ 9:30 a.m. including a Spanish-speakers class (adults).**

**In-Person Worship Services – English & Spanish @ 10:30 a.m.**

**The English service is live streamed with 3 ways to connect:**

- 1) **Facebook Live:** <http://www.facebook.com/greenbankchurchofchrist>
- 2) **Greenbank Website:** [www.greenbankcoc.org](http://www.greenbankcoc.org) Click on the Facebook Live tab on the menu bar at the top of the page. You do **NOT** need a Facebook account to view the service through our website.
- 3) **Phone In:** (301) 715-8592 Enter Meeting ID 889 4601 8992

## **BIBLE STUDIES**

**Mid-Week** (hybrid class) – **Wednesdays @ 7pm** – The Greek of the New Testament led by George Kirkland.

Zoom Link: <https://us02web.zoom.us/j/84709609077?pwd=UVlvOVJ4N3dlcHFpUkxPN3pwazRnZz09>

**Mid-Week Online** – **Wednesdays @ 7pm** – The Parables of Jesus led by Domingo Reyes. Connect as on Sunday.

**Spanish** (In-Person)– **Thursdays @ 6:30 pm** – Contact Domingo Reyes for more information.

**Ladies** – **2<sup>nd</sup> Saturday each month @ 11am** on Zoom – A Woman Who Doesn't Quit led by Crystal Reyes.

**Men** – **3<sup>rd</sup> Saturday each month @ 10am** at Greenbank led by Mark Ray.

**Young Ladies** – **3<sup>rd</sup> Saturday each month @ 11am** on Zoom led by Eileen Hence. Contact church office for Zoom link.

## SMALL GROUPS

**Bear/Glasgow** – 2<sup>nd</sup> & 4<sup>th</sup> Sundays @ 2pm – led by George & Sherry Kirkland

**Ladies Online** – 2<sup>nd</sup> & 4<sup>th</sup> Sundays @ 4pm – hosted by Alethia Jones; current study: Bind Us Together

Zoom link: <https://uso2web.zoom.us/j/88051700840?pwd=bVN5UnlkSnRXNlkyUiguaVVyNG5kZz09>

**Married Couples** – 1<sup>st</sup> Tuesday each month @ 7pm in the teen room – led by Domingo & Crystal Reyes; current study: Love and Respect (book by Dr. Emerson Eggerichs)

**North Wilmington** – every other Sunday after morning worship – hosted by Eileen Khan

**Singles** – every Tuesday @ 7pm – hybrid meeting: in person and on Zoom. Meeting ID 817 0171 6780 Passcode 123321

**Teens** – 1<sup>st</sup> Friday each month @ 7pm in the blue room; led by Domingo Reyes

## 3 Ways to Give

- 1) **In Person:** Place your offering in one of the wooden boxes located in the back of the auditorium.
- 2) **By Mail:** Send your contribution to 511 Greenbank Road, Wilmington, DE 19808.
- 3) **Online:** PayPal has been set up on our website [www.greenbankcoc.org](http://www.greenbankcoc.org). Click on the “Donate” button and follow the instructions. (Note: there is a small fee assessed from each donation.)

**Last Week:      Attendance: 139      Contribution: \$5,987      Weekly Average: \$5,275**