

The Difference Family Makes – author unknown

"My son, do not forget my law, but let your heart keep my commands; for length of days and long life and peace they will add to you." Proverbs 3:1-2

An article in the Journal of the American Medical Association revealed the result of an enormous research project (90,000 participants) about high-risk behavior by teens. The study concluded that the most effective way to protect young people from unhealthy or dangerous behaviors is for parents to be involved in their lives.

Dr. Robert W. Blum, a co-author of the report, says, "It is a very clear message that you as a parent have to stay involved. You can't buy into the myth that you are no longer relevant in your children's lives.

"Kids repeatedly told us that small messages are important," he says. "The messages are given by a note on the refrigerator that says, 'Good luck on your test today.' The messages are given by a hug. The messages are given by saying, 'How was your date last night?' The message is parents showing concern, showing that what goes on in the child's life matters."

Dr. Blum says these daily connections are as effective in single-parent families as they are in two-parent families. In focus groups, many of the teens told researchers that these little messages often meant more than family activities such as going out together.

"These words which I command you today shall be in your heart. You shall teach them diligently to your children and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up." (Deuteronomy 6:6-7)

Praise & Prayer Requests

Pat Greenwood: recovering from breast cancer surgery; pray for quick healing and a good outcome. **Lillie West:** diagnosed with breast cancer; pray for healing and guidance for the physicians and surgeons. **Alexa:** serious health struggles; she is the King's granddaughter.

Domingo Reyes: severe lower back pain; pray for relief and healing.

Emma Green: medical concerns.

Pactrick Crumpton & family: his son was diagnosed with leukemia.

Chimene Jones: loved one passed away.

Shelley Irwin: recovering from surgery; pray for clear direction on next steps in treatment.

Ed & Sue Maynard: Ed is home from the hospital. Continue to pray for improved health.

Chelsea Brasefield: pray for a safe and full-term pregnancy.

George & Jan Adair: both have significant health concerns.

Bud & Betty Polk: both are experiencing severe health issues; they live in Florida.

Greenbank church: Godly guidance for our elders, minister, deacons, and ministry leaders.

Greenbank missions: Westerholm (Mozambique), Borfay (Liberia), Agbeta (Ghana), Camp Manatawny,

Reflect Campus Missions/BHC. Pray for a new mission work that reflects the interest of our members.

If you have an item for prayer or praise, please email it to <u>office@greenbankcoc.org</u> for inclusion in our weekly list. To view previous prayer requests and those on our ongoing lists, please visit the Weekly Bulletins page on our website <u>www.greenbankcoc.org</u>.

Announcements and Events

Children's Church

Children 3 years old through 3rd grade will meet downstairs in the yellow room during today's sermon.

November is Mozambique Missions Month

The Chad Westerholm family has been serving as missionaries in Mozambique for more than 17 years. We are happy to continue supporting their efforts which include translating the Bible into the native language, teaching at the

Bible training school, working with local churches, and ministering to refugees. We will accept donations through the end of November. Envelopes are available for cash donations. Be sure to mark them for Mozambique. If you write a check, make it out to Greenbank Church of Christ and put Mozambique in the memo. You can drop your donations in the collection boxes at the back of the auditorium.

"David" at Sight & Sound – Friday, November 11

Here are a few details to note about the show: Please arrive by 6:15pm to find your seat. Theatre doors close promptly at 7pm. If you arrive late, you may not be able to be seated until intermission. <u>Nut allergy notice</u>: be aware that almonds are roasted and served in the theatre lobby. We do have a few people who need a ride. If you can provide transportation, please let Fern Davis know.

Meal Train for Brasefield Family

We want to support this family while Chelsea needs to take it easy in these early weeks of her pregnancy. Click on this link <u>https://mealtrain.com/9moqrk</u> and sign up to take them a meal. If your schedule doesn't allow you to cook a meal and drop it off, there is also an option to purchase a gift card for restaurant delivery. Please consider what you can do to help them out.

Winterfest! - February 17-19, 2023

The Winterfest sign-up sheet is posted on a bulletin board in the lobby. Students in $6^{th} - 12^{th}$ grades are invited to participate. A few chaperones will also be needed. All students and adults who are interested in going should put your names on the list. Registration forms and information about the cost of the trip are coming soon! Speak with Lisa Reed if you have questions.

SUNDAY MEETING TIMES

In-Person Bible Classes for All Ages @ 9:30 a.m. including a Spanish-speakers class (adults). In-Person Worship Services – English & Spanish @ 10:30 a.m.

The English service is live streamed with 3 ways to connect:

1) Facebook Live: http://www.facebook.com/greenbankchurchofchrist

2) Greenbank Website: www.greenbankcoc.org Click on the Facebook Live tab on the menu bar at

the top of the page. You do <u>NOT</u> need a Facebook account to view the service through our website.

3) Phone In: (301) 715-8592 Enter Meeting ID 889 4601 8992

BIBLE STUDIES

Mid-Week (hybrid class) – <u>Wednesdays @ 7pm</u> – Study of Romans - led by George Kirkland. Attend in person or join through Facebook or this Zoom Link: <u>https://zoom.us/j/98664842526?pwd=Rkp6Z3VYSGZpcjY4cXZWNjd1djNpQTo9</u> **Spanish** – <u>Thursdays @ 6:30 pm</u> at Greenbank. Contact Domingo Reyes for more information.

Ladies – 2nd Saturday each month @ 11am on Zoom – led by Crystal Reyes. Contact Crystal for the Zoom link. Men – 3rd Saturday each month @ 10am at Greenbank led by Paul King.

Young Ladies – 3rd Saturday each month @ 11am on Zoom led by Eileen Hence. Contact Eileen for the Zoom link.

<u>SMALL GROUPS</u>

Bear/Glasgow – 2nd & 4th Sundays @ 2pm – hosted by George & Sherry Kirkland and Walter & Susan Johnson.

Married Couples – <u>1st Tuesday each month @ 7pm</u> in the blue room – led by Domingo & Crystal Reyes.

Newport – 2nd & 4th Sundays @ 12:30pm – hosted by Mike & Judy Barker.

North Wilmington – 2nd & 4th Sundays @ 3:00pm – hosted by Eileen Khan.

Singles – 2nd & 4th Tuesdays @ 7pm – The Five Love Languages Singles Edition. Attend in person or join online with this Zoom link: <u>https://uso2web.zoom.us/j/87670702282?pwd=Sy8xYTAyZThkRHpqY1hmbzYrZk4ydzo9</u>

Teens – <u>1st Friday each month @ 7pm</u> in the blue room; led by Domingo Reyes

<u>3 Ways to Give</u>

- 1) In Person: Place your offering in one of the wooden boxes located in the back of the auditorium.
- 2) By Mail: Send your contribution to 511 Greenbank Road, Wilmington, DE 19808.
- 3) **Online:** PayPal has been set up on our website <u>www.greenbankcoc.org</u>. Click on the "Donate" button and follow the instructions. (<u>Note</u>: there is a small fee assessed from each donation.)