

# The Power of Consistent Bible Engagement By Jeff Martin

Engaging with the Bible at least four times a week can make a profound difference in your life. A study involving 40,000 people ages 8 to 80 showed that consistent Scripture reading has a transformative impact on various aspects of daily living.

When Bible engagement reaches four times a week, remarkable changes take place: loneliness drops by 30%, anger issues decrease by 32%, bitterness in relationships drops by 40%, and alcoholism declines by 57%. Even more striking, struggles with pornography are reduced by 61%, and feelings of spiritual stagnation drop by 60%. The benefits don't stop there: the willingness to share faith jumps by 200%, and the desire to disciple others increases by 230%.

The study reveals a clear difference between engaging in the Word occasionally and consistently. Engaging once, twice, or even three times a week yields little to no effect. But when we reach day four, the impact is undeniable—it's like a pulse coming to life.

This powerful evidence reminds us that consistency is key. By making Bible reading a regular part of our routine, we open ourselves up to the transformation God desires for us. Let's recommit to engaging in Scripture and see how God moves in our lives and our community. Consistent Bible reading not only strengthens our own faith but also makes us more equipped to share it with others—becoming a beacon of hope and change in the world.

## **Praise and Prayer Requests**

Bill Davis' Family: please keep them in prayer as they mourn Bill's passing.

**Ron Cox:** Thanks for keeping Liz in prayer, please continue.

Patty Conway: Barb, Larry, Liam, Nate, Paula, Kevin & Ben.

Mike & Moises Phillips: pray for Jane's back issues.

Ice Brons Family: Anna Marie & Sonny Uo for the death of a loved family member.

Colie & Vera Mason: pray for the church family.

Elisha Wall: Christians worldwide in persecution and the church in general.

Dawn Dorrell: Newark Church of Christ.

Jenn Martin: continued prayers as she goes through a divorce.

**Chrissie Steiner:** The Curcio family, Jenn Martin and her move, the small group bible studies to grow, and Lebron Parker-ongoing health concerns to resolve.

Alethia Jones: her mother, Linda Jones, is having health concerns.

Barbara Wallace: continued prayers for Waylon & Bruce Wallace.

**Sick and Shut In:** pray for all members who are battling cancer, covid and other serious medical issues and those who are unable to attend due to illness or limited mobility.

**Greenbank church:** Pray for godly wisdom and guidance for our elders, minister, deacons, and ministry leaders.

**Greenbank missions:** Eduar Morales (Oxford, PA), Chad Westerholm (Mozambique), Edmund Borfay (Liberia), Samuel Agbeta (Ghana), Camp Manatawny, Reflect Campus Missions/BHC.

If you have an item for prayer or praise, please email it to <u>office@greenbankcoc.org</u> for inclusion in our weekly list. To view previous prayer requests and those on our ongoing lists, please visit the Weekly Bulletins page on our website <u>www.greenbankcoc.org</u>.

# Announcements and Events

# Children's Church

Children ages 3 years old through 5th grade will meet downstairs during today's sermon.

## **Bilingual Service**

Join us Sunday December 1, 2024 for our next combined worship service.

#### Christmas Party-Saturday December 14th 5-8 pm

All ages welcome. Please bring to share **FINGER FOOD ONLY!!!** Gift exchange for ALL AGES. **No need to spend money on a gift!!** Do you have something at home that you do not use or no longer want, maybe something that you have made? Please make sure the gift is wrapped, children bring for children and adult gifts for adults. See Anna if you have any questions.

#### Holiday Recital-December 6 & 7th

Nyah Jones is dancing in the "Happy Holidays" performance at the Cab Calloway School of the Arts. Come support our youth and enjoy a great performance. Tickets are on sale now. Contact Tina Jones with questions.

### Winterfest! - February 14-16, 2025

The second payment for Winterfest is due today. The next payment will not be due until January. If you are still interested in going but have not picked up a registration form, see Lisa Reed today.

#### November is Mozambique Missions Month

This week we are wrapping up our campaign to support the Westerholm family in their mission work. If you are planning to donate, make checks out to Greenbank Church of Christ and put "Mozambique" on the memo line. Cash donations should be placed in an envelope labeled "Mozamabique". Let's keep the Westerholm family in prayer as they continue this good work for the Lord.

### Sunday Meeting Times

## In-Person Bible Classes @ 9:30 a.m. – including a Spanish-speakers class for adults. In-Person Worship Services @ 10:30 a.m. – English & Spanish

#### The English service is livestreamed with 3 ways to connect:

1) Facebook Live: http://www.facebook.com/greenbankchurchofchrist

**2) Greenbank Website:** www.greenbankcoc.org Click on the Facebook Live tab on the menu bar at the top of the page. You will need to log in to Facebook to join the live feed.

3) Zoom: Meeting ID: 862 5363 5838 Passcode: 123456; Phone In: (301) 715-8592

# <u>Bible Studies</u>

**English Mid-Week** – <u>Wednesdays @ 7pm</u> – hybrid class (in person & online) on Facebook Live or Zoom: https://zoom.us/j/98664842526?pwd=Rkp6Z3VYSGZpcjY4cXZWNjd1djNpQT09

**Spanish Mid-Week** – <u>Thursdays @ 6:30pm</u> at Greenbank. Contact Arturo Gallegos for information.

Ladies – 2nd Saturday each month @ 9am via Zoom – led by Crystal Reyes. Zoom Link:

https://us02web.zoom.us/j/88946018992 or dial in (301) 715-8592. Enter Meeting ID 889 4601 8992.

Men – 3rd Saturday each month @ 10am at Greenbank led by Mark Ray.

Youth – Thursdays @6:30pm at Greenbank – led by Eileen Hence

## <u>SMALL GROUPS</u>

**Bear/Newark** – <u>2nd & 4th Sundays @ 2pm</u> – hosted by George Kirkland/Walter Johnson **Greenbank** – <u>2nd & 4th Sundays @ 12:30 pm</u> in the building after services– hosted by Kamal Wall **North Wilmington** – <u>1st & 3rd Sundays @ 3pm</u> – hosted by Chrissi Steiner.

**Married Couples** – 1st Tuesday each month @ 7pm in the teen room – led by Domingo & Crystal Reyes.

**Teens** – 1st Friday each month @ 7pm in the chapel – led by Domingo Reyes.

### <u>3 Ways to Give</u>

- 1) In Person: Place your offering in the collection plate as it is passed during our service.
- 2) By Mail: Send your contribution to 511 Greenbank Road, Wilmington, DE 19808.

**3) Online:** PayPal has been set up on our website www.greenbankcoc.org. Click on the "Donate" button and follow the instructions. (Note: there is a small fee assessed from each donation.)